

Information For Treatment With Botulinum A Toxin (BTXA)

Muscle Relaxing Injections to Reduce Lines and Wrinkles

What is Botox?

It is a purified protein produced by the clostridium bacterium and is used in extremely small amounts to relax dynamic wrinkles caused by the contraction of muscles

Is it safe?

Treatment is safe and effective, side effects are minimal and allergic reactions to injections do not occur. The botulinum toxin is used in much higher doses to treat migraines and excessive sweating disorders than in cosmetic procedures, and has an extensive medical safety record, having been used for more than 20 years to treat neurological and ophthalmological disorders. Botox is not recommended during pregnancy or breastfeeding.

How does Botox work?

Wrinkles and frown lines are the result of muscle activity and contraction. Tiny injections are administered very precisely into the muscles, and this blocks the nerve impulses from reaching the area, causing the muscles to relax. The overlying skin will remain smooth and unwrinkled.

Does it hurt?

An anaesthetic cream can be applied before treatment to numb the area, so discomfort is minimal. There may be a mild stinging sensation during treatment, and a transient headache has occasionally been reported following treatment. We can also use a cold stick to numb the area immediately before the injection is given to improve patient comfort.

What areas can be treated?

The most common areas treated are the frown lines between the brow, the forehead, crow's feet around the eyes and less commonly the top lip and neck. The jawline can also be treated to help lift and contour the lower face.

What can be expected following treatment?

Effects can take 3 to 10 days to become visible, and will generally last 3 to 6 months. Your doctor will be available to review your results after treatment to ensure that the

optimum results have been achieved. If you decide to discontinue treatment your wrinkles will gradually return to the way they were before treatment.

Possible side effects

Occasionally a small bruise may occur at the injection site, which can be covered with makeup. Some patient's report a mild headache or numbness, and very rarely a temporary brow or eyelid droop may occur which may last a few weeks. When the lip has been treated there can be some stiffness which causes difficulty pronouncing certain words for a couple of weeks.

Precautions following treatment

Exercise should be avoided for 4 hours after treatment, and the area should not be massaged for three days. You should remain in an upright position for 4 hours following treatment to limit the spread of substance at the injection site.

How much does treatment cost?

Cost varies according to the number of areas treated and your practitioner will advise you of the cost before treatment commences.

Please advise your doctor or Aesthetic Nurse if you have any forthcoming social engagements so a personal evaluation can be made as to any possible downtime associated with the treatment that could impact on your enjoyment of the event. Every individual can react differently to treatment so it is important to alert your practitioner.

**Treatment should be avoided if you are pregnant or breastfeeding
Bruising may occur if aspirin has been taken**

I am of the opinion that my request for treatment is for medical reasons and the personal psychological features that are associated with my request. I have expressed my thoughts and feelings to the treating doctor and consent to the treatment for the purpose of restoring and maintaining the health of my skin and body and my psychological wellbeing.

Patient Name.....

Patient Signature.....

I confirm that I have discussed the treatment plan with the above patient and undertake treatment with the purpose of restoring or maintaining health, including the psychosocial wellbeing of my patient.

Doctor Signature.....

Date Of Treatment.....

EMERGENCY CONTACT DETAILS

Should you feel unwell following your procedure it is important to seek specialist medical advice immediately. In the first instance call Dr. John Curran on one of the following numbers:

Guernsey Clinic 01481 736699 (Mon-Fri 08.00 to 17.30)

Dr. Curran's Mobile 07781-165797